

## Senior Advisory Committee Meeting

February 25, 2022

**Meeting Commenced:** 6:00 pm

**Present:** Deputy Mayor and Committee Chair Ethel Conry, Councilwoman Josephine Noone, Councilman Michael Heinrich, Suzanne Marr, Lois Muglia

**Approval of Minutes:** Minutes of October 29, 2021 meeting approved. Motion to approve by Suzanne Marr and seconded by Ethel Conry. Abstention: Michael Heinrich

**Suggestion Box:** N/A

### **Needs:**

- Post minutes and events on Senior Advisory Page and create events on the Washington Borough Facebook Page.
- Create newsletters and flyers with upcoming events.
- Request donations to the SAC from area businesses using updated letter.
- Update faith-based contact list -**updated in January 2022**

### **Recent Events & Activities:**

- Senior Information Session, Saturday, November 20, 2021, 9:00-Noon, Washington Borough Fire Hall
  - This was a great success with 19 attendees, no cost to attendees
  - Presenters/participants included:
    - Warren County Health Department, Warren County Division of Aging and Disability Services, Washington Township Police Department, Warren County Sheriff's Office, Washington Township Fire Prevention Bureau, and New Jersey Parks Department;
    - non-profit organizations including Hunterdon Medical Center, NAMI, DASACC and Family Guidance Center;
    - and members of the business community including Home Instead Senior Care, Bentley Commons at Paragon Village, Melchor & Stromfeld of Merrill Lynch, Capita Law LLC, and Honor Yoga coming together on behalf of our seniors.
    - Bentley Commons provided breakfast;
    - Café 57 prepared boxed lunches sponsored by Home Instead Senior Care
    - Dirk Higgins, Darryl Hall, Firefighters, and Police/Sheriff's Office helped to set up and break down.
  - The Warren County Sheriff's Office gave out 10 Senior ID cards, the Warren County Health Department administered 5 flu vaccines (1 to a homebound patient) and 7 COVID boosters, Hunterdon Audiology administered 10 otoscopes to assess wax buildup, and the New Jersey Parks Department gave out 17 senior state park passes.
- A Christmas Carol at Lackland Performing Arts Center, Hackettstown, NJ
  - Sunday, December 12, 2021, buffet (12:30) and matinee (2:00) package \$37.50
  - 25 attendees
  - No transportation provided

### **Upcoming Events & Activities:**

- Artstition Paint & Sip in cooperation with Northwest New Jersey Jewish Center
  - Pick new date when Borough Hall reopens, Suzi will check May 15<sup>th</sup>
  - Then hold date/time at Fire Hall
- Longwood Gardens
  - Try for Saturday, June 11, 2020
  - Michael Heinrich will organize this trip
- Hunterdon Health Community Needs Assessment-45-minute virtual meeting – Suzi will create a flyer with information on how to RSVP (people sign up first and then they schedule the focus group date/time)
- May 14<sup>th</sup>-I Left My Dignity in My Other Purse at Hunterdon Hills Playhouse, \$65, checks made out to Washington Women's Club (Lois shared this information)

### **Plans for the future:**

- Put on a play in December – Murder Mystery Kit? (Suzi will research)
- Chair Yoga – Josephine, plan when Borough Hall reopens
- State Theatre bus trip to New Brunswick or Easton, PA (Lois will research)
- Grounds for Sculpture in the fall (Lois will research) -tent. Oct. 8, 2022
- Repeat Senior Information Day in late Sept. or early Oct. 2023
- Repeat Lackland Performing Arts Center (does not have to be at the holidays)
- Senior information contact form and list for emergencies (Suzi will research)
- Senior Appreciation Day at the Farmers' Market -August 20, 2022 (have a sign up for SAC and invite local retirement services professionals)
- Send out an SAC sign up form with the utility bills and agenda for garbage pickup (give to manager in early December)

Quarterly Newsletters and trip information will be posted online, placed on the senior board in Borough Hall, and advertised in The Warren Reporter and The Messenger.

The Senior Advisory Committee meets virtually the last Friday of every month at 6:00 pm. Email Ethel Conry at [econry@washingtonboro-nj.org](mailto:econry@washingtonboro-nj.org) if you would like to participate with us on Zoom.

**Meeting Adjourned:** 6:58 pm

**Next Meeting:** Friday, March 25<sup>th</sup> 6:00 pm (may need to change to 7:30 pm)

**April Meeting:** Thursday, April 28<sup>th</sup> 6:00 pm